DATES FOR YOUR DIARY

FRIDAY 29TH MAY 2009 ........................................................................ Gr. 3/4 Basketball Clinic excursion.
TUESDAY 2ND JUNE 2009 .................................................................. Safety House committee meeting.
WEDNESDAY 3RD JUNE 2009 ................................................................. Zone Cross Country.
FRIDAY 5TH JUNE 2009 ...................................................................... PFA ‘Walkathon’ fundraiser.
MONDAY 8TH JUNE 2009 ................................................................... Queen’s Birthday Public Holiday.
TUESDAY 9TH JUNE 2009 .................................................................... PFA meeting – 8.00pm in Staffroom.
WEDNESDAY 10TH JUNE 2009 .............................................................. Uni. Of NSW SCIENCE competition.
WEDNESDAY 10TH JUNE 2009 .............................................................. School Council meeting – 7.45pm in Staffroom.
FRIDAY 12TH JUNE 2009 .................................................................... Report Writing Day – Pupil Free Day (OSHC avail.)
FRIDAY 19TH JUNE 2009 .................................................................... PFA Student Disco.
TUESDAY 23RD JUNE 2009 ................................................................. Uni. Of NSW SPELLING & WRITING competition.
THURSDAY 25TH JUNE 2009 ................................................................. Gr. 5/6 Basketball Clinic excursion.
FRIDAY 26TH JUNE 2009 .................................................................... State Cross Country.
FRIDAY 26TH JUNE 2009 .................................................................... Term 2 concludes – 2.30pm.

PRINCIPAL’S DESK

HOW WE LEARN BEST

L ast week I highlighted for you that we often have a preferred style in which we learn best. There are three basic learning styles:

- Auditory (hearing the information)
- Visual (seeing the information)
- Kinaesthetic-Tactile (touching, participation)

Not everyone falls into one specific style and may have 2 dominant styles or even spread over all three. At school we consider all learning styles and present information in many different ways. When the children are completing homework tasks at home, they may work in their preferred style which may be different to yours. I know that I could never understand how my son could possibly work with the music blaring – there is no way that I could concentrate that way! He could learn that way and it actually supported his learning. By understanding our own child’s style we can support their learning at home.

Visual learners prefer to read the information/instructions and look at the illustrations that are presented or around the room.

- They write things down because they remember better that way.
- It’s better to work in a quiet place, on their own.
- They may draw diagrams of their understanding using arrows and boxes around key ideas.
- The use of colour to highlight main ideas in their work helps.
• The display of learning aids (lists of words, etc) reinforces their learning.
• It helps them to use flash cards to help rehearse for a presentation.
• They make pictures in their mind.

Auditory people prefer listening to material being presented. Auditory learners interpret the underlying meanings of speech through listening to tone of voice, pitch and speed. Written information may have little meaning until it is heard.
• They like to have others around so that they can talk aloud about the work.
• They remember things better if they say it out aloud.
• It is helpful to them to look at all the pictures, headings and talk out loud and say what they think the chapter is about before reading a book.
• Reading out loud whenever possible helps auditory people learn and understand instructions.
• They need to work in quiet areas to minimize hearing music, television or other distractions.
• It is helpful for them to use rhymes or jingles to help remember important points.

Kinesthetic learners do best with "hands on" activities and group interaction. They may find it hard to sit still for long periods and may become distracted by their need for activity and exploration, moving, doing and touching.
• They might find it hard not to fidget while working, so moving a foot may help.
• They may find it hard to work at a desk and might find lying on the stomach on the floor a preferred option.
• They may like to have music in the background.
• It is helpful to stop after each chunk, think about what they learned, and write a brief summary.
• Using their fingers or a piece of paper to help keep track of where they are working / reading.
• They need to personalize the information - think about how the concepts apply to them or other people they know.
• When studying they may need to take breaks frequently, and then return to studying!

EMERGENCY MANAGEMENT
We are required to regularly practice our Emergency Evacuation Procedures at school to ensure that everyone is familiar with the procedures.

We practice for 3 different scenarios:
• Evacuation of the school buildings into the playground.
• Evacuation of the school yard back into the buildings during a play or lunch time.
• Lockdown of the school buildings during school time.

The alert used is a siren sound from the PA system in the school. The sound is heard both inside and outside the school buildings.

Over the next few weeks will be carrying out our practices and ask that any member of the community who is in the school at the time follow the directions of the staff and take part in the drill with us.

THE ALIENS LANDED
The school was filled with Aliens on Tuesday.
It was amazing to see the variety of outfits that were created for the day. The students and staff looked great. Thank you to everyone for the effort put in to make the day so successful.

REPORT WRITING DAY
On **Friday 12th June** all Government schools in Victoria will have the final Pupil Free Day for the year. The teachers at Scoresby Primary will be involved in writing student reports. Outside School Hours Care will provide childcare on the day and if you need to book, please contact Leah or Amanda or ring the school office.

WALKATHON
We all have our fingers crossed that next **Friday 5th June** will see the weather being kind to us so that our Walkathon can be successful. Tomorrow, each child will bring home information, including a sponsor form so they can start seeking out sponsors for all the laps they will walk of our athletics track.

*Maureen Fowler, Principal*
FROM THE ASSISTANT PRINCIPAL

LIFE EDUCATION MOBILE CLASSROOM
During the last week of Term 2, the Life Education Mobile Classroom will be visiting our school. Scoresby Primary School has participated in this valuable and exciting program for many years.

Life Education Victoria (LEV) is a community-based, independent organisation at the front-line of positive and preventative drug and health education. Approximately 200,000 children and 18,000 families take part in the preschool, primary and secondary programs each year. Helping young people make informed decisions about drugs and their health is at the heart of the program, which is driven by the popular Life Education mascot Harold the giraffe.

Primary schools play a vital role in preparing children for life and in shaping their journey through school. Research shows that the earlier we encourage children to develop positive self-image, self-esteem and a feeling of uniqueness, the better equipped they are to make positive healthy choices later in life.

Life Education assists students to:
• acquire age-appropriate knowledge to support informed health choices
• develop and practice skills and strategies to act upon individual decisions
• recognise the values and attitudes that may influence lifestyle choices and behaviours.

Sessions are age specific and sequential with written and electronic resources provided to support both students and teachers in the delivery of ongoing drug education in their classroom. A visit to the mobile Life Education van facilitates the development of students' knowledge and skills to identify risks and make informed decisions.

This important and worthwhile incursion is provided to all children in the school at a cost of $8.50. Teachers are already doing preparatory activities in classrooms and these will continue in the lead-up to the arrival of the van in our school grounds.

Parents are invited to an information session in the van where you will see an audio-visual presentation that explains topics and the approach used by Life Education. Next week I will be sending home an incursion notice with students as well as a parent reply slip if you are intending on coming to the parent information session. All students are encouraged to participate in the program as it forms part of all integrated units being taught in classrooms, as well as a key focus from the Department of Education and Early Childhood Development (DEECD).

PARENTING SUPPORT & WELLBEING

I am in the process of organising a PARENTING SUPPORT & WELLBEING INFORMATION BOARD at the back of the hall. This will display lots of interesting and valuable information which parents are able to access in the City of Knox as well as articles on disabilities, psychological and health services and a range of relevant articles. Please feel free to look at the board and if you would like copies of articles or any further support I am happy to help.

Articles, such as the one below, will be displayed on the board as well as published in the newsletter each fortnight.

HELPING CHILDREN LEARN TO MANAGE ANGER

What causes anger?

Everyone experiences anger. It is a normal reaction to frustration, stress or disappointment. It can occur in children as young as three or four months old. Anger can be quite noticeable in toddlers who often express it through tantrums and other aggressive actions. However, as they grow and develop most children learn how to deal with some of the frustrations of everyday life. They also learn how to express their anger in acceptable ways.

Some anger can be helpful. For example, when expressed appropriately anger can help tell someone else: “Stop. I don’t like that.” Anger can also motivate us to overcome problems and achieve goals. Whether children’s anger is positive or negative depends on how effectively it is managed and whether it can be directed towards positive goals.

When children lack skills for managing anger it can lead to aggressive behaviour. Usually, it is the aggressive action that follows anger that most concerns parents, carers and teaching staff. Learning to manage anger involves developing social and emotional skills for calming down and having ways to express angry feelings assertively. This means learning to use words rather than aggressive actions to communicate feelings. Parents, carers and teaching staff have an important role in helping children learn to manage anger effectively.

Skills for coping with anger

Usually feelings of anger are directed towards someone or something that the child would like to change. Even though
there may sometimes be good reasons for wanting to change things, it is often not helpful to act in anger. Intense angry feelings very often cloud judgment and lead to impulsive or aggressive behaviour rather than thoughtful actions. For children to be able to manage anger effectively they need to learn to recognise when they are angry, have strategies to manage angry feelings and work out effective ways to solve the problem that has caused their anger.

Recognise anger signals
Learning to recognise when they are getting angry helps children understand how angry feelings work. This is the first step to managing them. Children can be taught to be aware of what triggers their anger. Then they can learn strategies to help them cool down and stay calm instead of getting carried away by angry feelings. Young children need assistance with learning, remembering and using the steps.

Manage angry feelings
Children need skills to help them cool down their anger. Simple relaxation techniques involving deep breathing, calming strategies (e.g., counting to ten) and coping self-talk are very useful for helping children ‘lower the temperature’ of their anger. For some children it may be especially beneficial to have a special place for ‘quiet time’ where they can get away from anger triggers while they cool down. It is important to note that the physical symptoms of anger take a long time to return to normal. Having a cool down strategy helps children learn the steps to manage their angry feelings.

Solve problems
Once they have calmed down, thinking through the situation that made them angry can help children to come up with other ways of approaching it. Parents, carers and teaching staff can support children’s skills for solving problems by asking questions that help children think things through. Questions to ask include:

- What happened?
- How did you feel and react?
- How did the other person feel and react?
- What could you have done differently?
- What could you do differently next time?

Adults may need to help children through the steps by giving examples and suggestions for them to think through.

Christine McEvoy,
Assistant Principal

“SCORESBY THINKS AGAIN”

NEWS

Hi Everyone,

As mentioned at last assembly we are a group of 5/6 students who want to help the environment in recycling. We have named our group ‘Scoresby Thinks Again’.

We have entered a competition on the 4 Rs – Reduce, Reuse, Recycle, Rethink. As it is a competition, first prize receives $10,000. Some of the things that we are looking forward to are painting a mural on the Canteen wall, recording our own rap and making posters and hanging them around the school.

Every second Monday at assembly we will be informing you about the project and how its progressing. We are hoping that this project will be really fun and a great experience for the school. Every Friday over the loud speaker, we will be giving four weekly facts on recycling. Here are four facts for you to enjoy:

1. 75% of each tree that is cut down for paper isn’t used in a paper product.
2. 98 tonnes of various resources are required to make one tonne of paper.
3. Paper made from recycled paper uses 70% less energy.
4. By recycling one tonne of paper you save 13 trees, 4 barrels of oil, 4000 kWh of electricity, 4 cubic metres of land fill and 31,780 litres of water.

Now that you know these facts, please help to save the environment. If you have any ideas, please let us know.

By Shayna, Meaghan, Chelsea & Simran
for ‘Scoresby Thinks Again’ group.

ANZAC DAY UPDATE

A big thankyou goes to all the families who bought badges for Anzac day last month. East Malvern RSL have notified me of their gratitude for our efforts. We raised a total of $426.00!

Thank-you again and congratulations.

ROBYN GANGI,
Commemorative Ceremonies coordinator
Canteen News

Important Notice
Due to an increasing number of lunch orders being placed with insufficient money included, the following procedure will be put in place in the Canteen from next Monday 1st June.

Starting on Monday, any lunch orders received with insufficient money included will only be provided with a main lunch item (ie. sandwich); any drinks, snacks, ice-creams will not be provided. Canteen volunteers will write the reason for items being withheld on the lunch order bag which is returned to students.

Canteen Items
Supreme Pizzas – Further price reduction to clear, only while stocks last – 50c each.

Canteen Roster

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<tr>
<th>Date</th>
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<td>Friday 29th May</td>
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<th>Date</th>
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<td>Tuesday 2nd June</td>
<td>K. Black, N. Davids.</td>
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Paola faiola
Canteen Co-ordinator

Premier’s Reading Challenge

This week we are publishing the names of all the students who have completed the challenge so far. These students will receive a certificate from the school at Monday’s assembly. Congratulations to


Safety House News

The next meeting of the Scoresby Safety House Committee will be held on Tuesday 2nd June at 8.00pm at the home of Allison Webb.

Secretary Needed!
The Scoresby Safety House Committee requires someone to join the committee in the role of Secretary. Duties include attending monthly meetings, taking and distributing meeting minutes.

Please contact Allison Webb on 9763 7417 for more information.

Sick Bay Linen Roster
Week Ending 29 May – Shelley Rushent
Week Ending 5 June – Lisa Hitchins

Pfa News

School Disco
Thank you to those many parents who have offered their assistance with the Disco, scheduled for Friday 19th June. We are pleased to say that, with the offers of help, we will be able to run the Disco with session for Prep-2 students and Gr 3-6 students.

Please keep your eye on the newsletter for details.

Best Wishes to those students who are celebrating a birthday this week!

Lachlan R, Cooper G, Nikhil M.
Thank you to the members of the community who came out in force for a wonderful cause last Friday when we held our ‘Biggest Morning Tea’. We were inundated with plates of lovely morning tea and many hands who assisted with setting up and packing up. We are proud to announce that we raised $180 to go to the Cancer Council.

2009 WALKATHON
Each student will receive information, including a sponsor collection form, tomorrow. This will enable them to start signing up friends and family to sponsor them for all the laps they will walk of our athletics track next Friday 5th June.

Any parent assistance that can be offered for the morning would be greatly appreciated. Please complete the tear-off lip below and return to the office if you are able to help.

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I am able to assist with the PFA Walkathon on Friday 5th June.

Name: ________________________________________________________________

Phone: ______________________________________________________________

I am available to help at the following times:

☐ 9.00 - 10.00am (Prep – Gr. 2)
☐ 10.00am - 11.00pm (Gr. 3-4)
☐ 11.30 – 12.30pm (Gr. 5-6)
☐ I can help at the following time ________________________________________

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FOOTY TIPPING
Leaders after Round 9

Lachlan Downes............... 54
Jon deLaine..................... “
Maddy Brouwer............... 53
Troy Battishall............... 52
Graham Rosling............... 51
John Bricknell............... “
Alyssa & Kyle Balej......... “
Anthony Papa................. “
Super Murrio & friends..... 50
Brooke & Megan Carroll..... “
Luke Hitchins............... “
Christine Williams.......... “
Collings Family.............. “

AUSSIE FARMERS DIRECT
Don’t forget to consider Aussie farmers Direct as an alternative to the supermarket for you basic grocery items and fruit and vegies.

For each family who signs up for home delivery, our school will receive $10 with $10 also being donated for each existing customer form our school. For each customer who continues with the service, the school will receive an additional $10 at the end of the year. Additional flyers available from the office.

NEXT MEETING
Tuesday 10th June, 8.00pm in Staffroom.
Visitors and new members always welcome.

THANK-YOU FOR YOUR ONGOING SUPPORT.
Parents and Friends Association

OUT OF SCHOOL HOURS CARE
SCORESBY
KIDS

MONDAY 1st – FRIDAY 5th JUNE
• Healthy food.
• Cooking - Quiche, Veggie Pizza Muffins.
• Knitting.
• Planning and reviewing Winter menu with children.
• Cartoon Drawing – draw an alien or create your own monster.
• Make a “Wall-E” with Lachlan B.

PUPIL FREE DAY – Friday 12th June
Our program for Pupil Free Day is an OSHC Cool Kids Fun Day! We have developed an exciting program using suggestions from our regular OSHC attendees. These will include circus / magic skills, learning to juggle, a disco, cheerleading, football and tennis skills, cooking our own hot lunch and afternoon tea – plus NEW dvds.

See our flyers around the school for more details or pick one up at the Office. Remember our Pupil Free Day program costs as little as $2.30 per child (depending on CCB). Enrolment forms are available at the Office or OSHC room. Bookings need to be made by Tuesday 9th June so staff arrangements can be organised.

LEAH, AMANDA, CAZ, LACHLAN, STACY AND ASHLEIGH,
OSHC Staff
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